Volume: Clinic Services Citation: 246.10 (e)(5-6) Approval Date: 2/2010 Nebraska Health & Human Services NEBRASKA WIC PROGRAM <u>Procedure Title</u>: Change of Benefits for Breastfeeding Women after 6 months postpartum.

#### **Purpose**

The purpose of this procedure is to define support for breastfeeding women with the status of "some breastfeeding" after her infant turns six months of age and describe how to provide notification in the change of benefits.

### **Benefit Change**

Women who are both breastfeeding <u>and</u> formula feeding their infants - specifically those with the status of "Some Breastfeeding" will have a change in their WIC benefits after their infant turns six months of age.

- The woman will no longer be provided a WIC food package for herself.
- The woman is still considered a WIC participant.
- The woman is eligible to receive breastfeeding support and nutrition education until her infant turns 1 year of age.

## Notification of Change in Benefits

A woman with the status of "Some Breastfeeding" must be notified of the change in her food benefits.

Women should be notified Using the "Important Information about WIC Checks for Moms with Infants 6 Months or Older, Doing Some Breastfeeding" informational half sheet.

### When to Provide Notification of Change in Benefits

The notification of change in benefits should be given to breastfeeding women with the status of "Some Breastfeeding" one to two months prior to her infant turning six months of age.

## Change in Breastfeeding Status

If a breastfeeding woman with the status of "Fully Breastfeeding" or "Mostly Breastfeeding" changes her status to "Some Breastfeeding" after her baby is six months of age – she would need to be notified of the change in her benefits.

# Important Information about WIC Checks For Moms with Infants 6 Months or Older, Doing Some Breastfeeding



Change in Food Benefits for Mom WIC supports breastfeeding by offering the largest variety and quantity of WIC foods to moms who are "fully breastfeeding" their babies.

Now that your baby is 6 months of age or older, (or will be by your next appointment) and because you are currently doing some breastfeeding but getting more formula for your baby than WIC allows for partially breastfeeding moms, you will no longer get WIC checks for yourself at your next appointment.

You will still be on the WIC program and will continue to get breastfeeding support and nutrition education until your baby turns one year old.

Are you able to breastfeed more & take less formula?

If you decide to do more breastfeeding and get less formula, then you *may* be able to continue receiving WIC checks for yourself until your baby turns one.

Talk to your WIC Nutritionist or Nurse to help you decide what is best for you and your baby.